**Mom's Delivery Day Checklist**

|  |
| --- |
| **For the hospital stay** |
|  |  |
|  | Socks |
|  | Slippers |
|  | Robe |
|  | Mom's going-home outfit |
|  | Baby going-home outfit |
|  | Nursing bra |
|  | Toiletries |
|  | Reading material |
|  | Massaging tool |
|  | Family & friends phone # list |
|  | Movies (DVD-if hospital has player) |
|  | Music (calming/relaxing) |