Digital Personal Planner

Yearly Calendar
- 12 mini-months with space for notes

Monthly Pages
- Common US Holidays and Observances
- Monthly goals, to dos and notes

Weekly Pages
- Weekly tasks, budgeting, shopping lists, and notes
- Daily tasks, appointments, meals, exercise and more

Notes Pages with Dot Grid
- Write down your thoughts and ideas
- Duplicate these pages as needed

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Digital Personal Planner
By Vertex42.com
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2023

January

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

July

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

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January 2023

Sun, Jan 1 - Sat, Jan 7

January 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023

Su	M	Tu	W	Th	F	Sa
			1	**2**	3	4
5	6	7	8	9	10	11
12	13	**14**	15	16	17	18
19	**20**	**21**	**22**	23	24	25
26	27	28				

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jan 1

New Year's Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Jan 2

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Jan 3

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Jan 4

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Jan 5

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Jan 6

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Jan 7

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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January 2023

Sun, Jan 8 - Sat, Jan 14

January 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023

Su	M	Tu	W	Th	F	Sa
			1	**2**	3	4
5	6	7	8	9	10	11
12	13	**14**	15	16	17	18
19	**20**	**21**	**22**	23	24	25
26	27	28				

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jan 8

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Jan 9

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Jan 10

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Jan 11

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Jan 12

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Jan 13

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Jan 14

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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January 2023

Sun, Jan 15 - Sat, Jan 21

January 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023

Su	M	Tu	W	Th	F	Sa
			1	**2**	3	4
5	6	7	8	9	10	11
12	13	**14**	15	16	17	18
19	**20**	**21**	**22**	23	24	25
26	27	28				

Important Dates

☑ To Buy

☑ ABC Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jan 15

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Jan 16

ML King Day

-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Jan 17

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Jan 18

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Jan 19

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Jan 20

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Jan 21

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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January 2023

Sun, Jan 22 - Sat, Jan 28

January 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023

Su	M	Tu	W	Th	F	Sa
			1	**2**	3	4
5	6	7	8	9	10	11
12	13	**14**	15	16	17	18
19	**20**	**21**	**22**	23	24	25
26	27	28				

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jan 22

Chinese New Year

- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Jan 23

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Jan 24

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Jan 25

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Jan 26

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Jan 27

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Jan 28

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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Jan'23 - Feb'23

Sun, Jan 29 - Sat, Feb 4

January 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

Important Dates

2023

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jan 29

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Jan 30

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Jan 31

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Feb 1

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Feb 2

Groundhog Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Feb 3

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Feb 4

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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February 2023

Sun, Feb 5 - Sat, Feb 11

February 2023

Su	M	Tu	W	Th	F	Sa
			1	**2**	3	4
5	6	7	8	9	10	11
12	13	**14**	15	16	17	18
19	**20**	**21**	**22**	23	24	25
26	27	28				

March 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	**17**	18
19	**20**	21	22	**23**	24	25
26	27	28	29	30	31	

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Feb 5

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Feb 6

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Feb 7

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Feb 8

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

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D

Appointments

Thu, Feb 9

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Feb 10

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Feb 11

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

JAN 1 2 3 4 5
FEB 6 7 8 9 10
MAR 11 12 13 14
APR 15 16 17 18
MAY 19 20 21 22
JUN 23 24 25 26
JUL 27 28 29 30
AUG 31 32 33 34
SEP 35 36 37 38
OCT 39 40 41 42
NOV 43 44 45 46
DEC 47 48 49 50 51 52 53

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February 2023

Sun, Feb 12 - Sat, Feb 18

February 2023

Su	M	Tu	W	Th	F	Sa
			1	**2**	3	4
5	6	7	8	9	10	11
12	13	**14**	15	16	17	18
19	**20**	**21**	**22**	23	24	25
26	27	28				

March 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	**17**	18
19	**20**	21	22	**23**	24	25
26	27	28	29	30	31	

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Feb 12

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Feb 13

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Feb 14

Valentines Day

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Feb 15

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Feb 16

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Feb 17

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Feb 18

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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February 2023

Sun, Feb 19 - Sat, Feb 25

February 2023

Su	M	Tu	W	Th	F	Sa
			1	**2**	3	4
5	6	7	8	9	10	11
12	13	**14**	15	16	17	18
19	**20**	**21**	**22**	23	24	25
26	27	28				

March 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	**17**	18
19	**20**	21	22	**23**	24	25
26	27	28	29	30	31	

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Feb 19

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Feb 20

Presidents' Day

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Feb 21

Mardi Gras

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Feb 22

Ash Wednesday

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Feb 23

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Feb 24

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Feb 25

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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Feb'23 - Mar'23

Sun, Feb 26 - Sat, Mar 4

February 2023

Su	M	Tu	W	Th	F	Sa
			1	**2**	3	4
5	6	7	8	9	10	11
12	13	**14**	15	16	17	18
19	**20**	**21**	**22**	23	24	25
26	27	28				

March 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	**17**	18
19	**20**	21	22	**23**	24	25
26	27	28	29	30	31	

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Feb 26

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Feb 27

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Feb 28

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Mar 1

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Mar 2

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Mar 3

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Mar 4

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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March 2023

Sun, Mar 5 - Sat, Mar 11

March 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	**17**	18
19	**20**	21	22	**23**	24	25
26	27	28	29	30	31	

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	**6**	**7**	8
9	**10**	11	12	13	14	15
16	17	**18**	19	20	21	**22**
23	24	25	**26**	27	28	29
30						

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Mar 5

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Mar 6

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Mar 7

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Mar 8

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Mar 9

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Mar 10

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Mar 11

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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March 2023

Sun, Mar 12 - Sat, Mar 18

March 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	**17**	18
19	**20**	21	22	**23**	24	25
26	27	28	29	30	31	

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	**6**	**7**	8
9	**10**	11	12	13	14	15
16	17	**18**	19	20	21	**22**
23	24	25	**26**	27	28	29
30						

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Mar 12

Daylight Saving

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Mar 13

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Mar 14

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Mar 15

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Mar 16

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Mar 17

St. Patrick's Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Mar 18

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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March 2023

Sun, Mar 19 - Sat, Mar 25

March 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	**17**	18
19	**20**	21	22	**23**	24	25
26	27	28	29	30	31	

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	**6**	**7**	8
9	**10**	11	12	13	14	15
16	17	**18**	19	20	21	**22**
23	24	25	**26**	27	28	29
30						

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Mar 19

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Mar 20

Vernal equinox (GMT)

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Mar 21

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Mar 22

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Mar 23

Ramadan begins

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Mar 24

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Mar 25

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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Mar'23 - Apr'23

Sun, Mar 26 - Sat, Apr 1

March 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	**17**	18
19	**20**	21	22	**23**	24	25
26	27	28	29	30	31	

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	**6**	**7**	8
9	**10**	11	12	13	14	15
16	17	**18**	19	20	21	**22**
23	24	25	**26**	27	28	29
30						

Important Dates

☑ To Buy

☑ ABC Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Mar 26

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Mar 27

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Mar 28

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Mar 29

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Mar 30

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Mar 31

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Apr 1

April Fool's Day

-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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April 2023

Sun, Apr 2 - Sat, Apr 8

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Apr 2

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Apr 3

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Apr 4

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Apr 5

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Apr 6

Passover

- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Apr 7

Good Friday

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Apr 8

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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April 2023

Sun, Apr 9 - Sat, Apr 15

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Apr 9

Easter

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Apr 10

Easter Monday (UK)

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Apr 11

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Apr 12

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Apr 13

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Apr 14

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Apr 15

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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April 2023

Sun, Apr 16 - Sat, Apr 22

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Apr 16

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Apr 17

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Apr 18

Taxes Due

-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Apr 19

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Apr 20

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Apr 21

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Apr 22

End of Ramadan

Earth Day

-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

2023

JAN 1–5 · FEB 6–9 · MAR 10–13 · APR 14–18 · MAY 19–22 · JUN 23–26 · JUL 27–31 · AUG 32–35 · SEP 36–39 · OCT 40–44 · NOV 45–48 · DEC 49–53

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April 2023

Sun, Apr 23 - Sat, Apr 29

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Apr 23

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Apr 24

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Apr 25

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Apr 26

Admin Assist Day

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Apr 27

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Apr 28

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Apr 29

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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Apr'23 - May'23

Sun, Apr 30 - Sat, May 6

April 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Apr 30

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, May 1

May Day (UK)

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, May 2

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, May 3

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, May 4

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, May 5

Cinco de Mayo

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, May 6

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

JAN 1–5
FEB 6–9
MAR 10–13
APR 14–17
MAY 18–22
JUN 23–26
JUL 27–31
AUG 32–35
SEP 36–39
OCT 40–43
NOV 44–48
DEC 49–53

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May 2023

Sun, May 7 - Sat, May 13

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	**5**	6
7	8	9	10	11	12	13
14	15	16	17	18	19	**20**
21	**22**	23	24	25	26	27
28	**29**	30	31			

June 2023

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	**14**	15	16	17
18	**19**	20	**21**	22	23	24
25	26	27	28	29	30	

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, May 7

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, May 8

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, May 9

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, May 10

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, May 11

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, May 12

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, May 13

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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May 2023

Sun, May 14 - Sat, May 20

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	**5**	6
7	8	9	10	11	12	13
14	15	16	17	18	19	**20**
21	**22**	23	24	25	26	27
28	**29**	30	31			

June 2023

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	**14**	15	16	17
18	**19**	20	**21**	22	23	24
25	26	27	28	29	30	

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, May 14

Mother's Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, May 15

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, May 16

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, May 17

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, May 18

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, May 19

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, May 20

Armed Forces Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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May 2023

Sun, May 21 - Sat, May 27

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	**5**	6
7	8	9	10	11	12	13
14	15	16	17	18	19	**20**
21	**22**	23	24	25	26	27
28	**29**	30	31			

June 2023

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	**14**	15	16	17
18	**19**	20	**21**	22	23	24
25	26	27	28	29	30	

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, May 21

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, May 22

Victoria Day (Canada)

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, May 23

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, May 24

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, May 25

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, May 26

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, May 27

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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May'23 - Jun'23

Sun, May 28 - Sat, Jun 3

May 2023

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	**5**	6
7	8	9	10	11	12	13
14	15	16	17	18	19	**20**
21	**22**	23	24	25	26	27
28	**29**	30	31			

June 2023

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	**14**	15	16	17
18	**19**	20	**21**	22	23	24
25	26	27	28	29	30	

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, May 28

Pentecost

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, May 29

Memorial Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, May 30

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, May 31

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Jun 1

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Jun 2

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Jun 3

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

JAN 1 2 3 4 5
FEB 6 7 8 9 10
MAR 11 12 13 14 15
APR 16 17 18 19 20
MAY 21 22 23 24 25
JUN 26 27 28 29 30
JUL 31 32 33 34 35
AUG 36 37 38 39 40
SEP 41 42 43 44 45
OCT 46 47 48 49 50
NOV 51 52 53
DEC

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June 2023

Sun, Jun 4 - Sat, Jun 10

June 2023

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	**14**	15	16	17
18	**19**	20	**21**	22	23	24
25	26	27	28	29	30	

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	**4**	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jun 4

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Jun 5

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Jun 6

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Jun 7

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Jun 8

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Jun 9

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Jun 10

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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June 2023

Sun, Jun 11 - Sat, Jun 17

June 2023

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	**14**	15	16	17
18	**19**	20	**21**	22	23	24
25	26	27	28	29	30	

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	**4**	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jun 11

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Jun 12

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Jun 13

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Jun 14

Flag Day

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Jun 15

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Jun 16

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Jun 17

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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June 2023

Sun, Jun 18 - Sat, Jun 24

June 2023

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	**14**	15	16	17
18	**19**	20	**21**	22	23	24
25	26	27	28	29	30	

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	**4**	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jun 18

Father's Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Jun 19

Juneteenth

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Jun 20

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Jun 21

June Solstice (GMT)

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Jun 22

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Jun 23

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Jun 24

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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Jun'23 - Jul'23

Sun, Jun 25 - Sat, Jul 1

June 2023

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	**14**	15	16	17
18	**19**	20	**21**	22	23	24
25	26	27	28	29	30	

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	**4**	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jun 25

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Jun 26

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Jun 27

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Jun 28

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Jun 29

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Jun 30

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Jul 1

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

JAN 1 2 3 4 5
FEB 6 7 8 9 10
MAR 11 12 13 14
APR 15 16 17 18
MAY 19 20 21 22
JUN 23 24 25 26
JUL 27 28 29 30
AUG 31 32 33 34
SEP 35 36 37 38
OCT 39 40 41 42
NOV 43 44 45 46
DEC 47 48 49 50 51 52 53

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July 2023

Sun, Jul 2 - Sat, Jul 8

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	**4**	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	**7**	8	9	10	11	12
13	14	15	16	17	18	**19**
20	21	22	23	24	25	26
27	**28**	29	30	31		

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jul 2

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Jul 3

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Jul 4

Independence Day

-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Jul 5

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Jul 6

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Jul 7

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Jul 8

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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July 2023

Sun, Jul 9 - Sat, Jul 15

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	**4**	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	**7**	8	9	10	11	12
13	14	15	16	17	18	**19**
20	21	22	23	24	25	26
27	**28**	29	30	31		

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jul 9

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Jul 10

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Jul 11

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Jul 12

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Jul 13

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Jul 14

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Jul 15

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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July 2023

Sun, Jul 16 - Sat, Jul 22

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	**4**	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	**7**	8	9	10	11	12
13	14	15	16	17	18	**19**
20	21	22	23	24	25	26
27	**28**	29	30	31		

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jul 16

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Jul 17

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Jul 18

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Jul 19

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Jul 20

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Jul 21

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Jul 22

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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July 2023

Sun, Jul 23 - Sat, Jul 29

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	**4**	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	**7**	8	9	10	11	12
13	14	15	16	17	18	**19**
20	21	22	23	24	25	26
27	**28**	29	30	31		

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jul 23

Parents' Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Jul 24

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Jul 25

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Jul 26

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Jul 27

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Jul 28

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Jul 29

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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Jul'23 - Aug'23

Sun, Jul 30 - Sat, Aug 5

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	**4**	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	**7**	8	9	10	11	12
13	14	15	16	17	18	**19**
20	21	22	23	24	25	26
27	**28**	29	30	31		

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Jul 30

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Jul 31

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Aug 1

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Aug 2

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Aug 3

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Aug 4

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Aug 5

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

JAN 1 2 3 4 5
FEB 6 7 8 9 10
MAR 11 12 13 14
APR 15 16 17 18
MAY 19 20 21 22
JUN 23 24 25 26
JUL 27 28 29 30
AUG 31 32 33 34
SEP 35 36 37 38
OCT 39 40 41 42
NOV 43 44 45 46
DEC 47 48 49 50 51 52 53

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August 2023

Sun, Aug 6 - Sat, Aug 12

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	**7**	8	9	10	11	12
13	14	15	16	17	18	**19**
20	21	22	23	24	25	26
27	**28**	29	30	31		

September 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	**4**	5	6	7	8	9
10	**11**	12	13	14	15	**16**
17	18	19	20	21	22	**23**
24	**25**	26	27	28	29	30

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Aug 6

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Aug 7

Summer Bank Holiday (UK)

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Aug 8

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Aug 9

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Aug 10

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Aug 11

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Aug 12

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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August 2023

Sun, Aug 13 - Sat, Aug 19

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	**7**	8	9	10	11	12
13	14	15	16	17	18	**19**
20	21	22	23	24	25	26
27	**28**	29	30	31		

September 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	**4**	5	6	7	8	9
10	**11**	12	13	14	15	**16**
17	18	19	20	21	22	**23**
24	**25**	26	27	28	29	30

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Aug 13

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Aug 14

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Aug 15

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Aug 16

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Aug 17

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Aug 18

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Aug 19

Aviation Day

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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August 2023

Sun, Aug 20 - Sat, Aug 26

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	**7**	8	9	10	11	12
13	14	15	16	17	18	**19**
20	21	22	23	24	25	26
27	**28**	29	30	31		

September 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	**4**	5	6	7	8	9
10	**11**	12	13	14	15	**16**
17	18	19	20	21	22	**23**
24	**25**	26	27	28	29	30

Important Dates

2023

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Aug 20

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Aug 21

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Aug 22

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Aug 23

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Aug 24

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Aug 25

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Aug 26

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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Aug'23 - Sep'23

Sun, Aug 27 - Sat, Sep 2

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	**7**	8	9	10	11	12
13	14	15	16	17	18	**19**
20	21	22	23	24	25	26
27	**28**	29	30	31		

September 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	**4**	5	6	7	8	9
10	**11**	12	13	14	15	**16**
17	18	19	20	21	22	**23**
24	**25**	26	27	28	29	30

Important Dates

2023

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Aug 27

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Aug 28

Late Summer Bank Holiday (UK)

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Aug 29

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Aug 30

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Aug 31

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Sep 1

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Sep 2

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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September 2023

Sun, Sep 3 - Sat, Sep 9

September 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	**4**	5	6	7	8	9
10	**11**	12	13	14	15	**16**
17	18	19	20	21	22	**23**
24	**25**	26	27	28	29	30

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	**9**	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	**24**	25	26	27	28
29	30	**31**				

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Sep 3

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Sep 4

Labor Day

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Sep 5

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Sep 6

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Sep 7

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Sep 8

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Sep 9

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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September 2023

Sun, Sep 10 - Sat, Sep 16

September 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	**4**	5	6	7	8	9
10	**11**	12	13	14	15	**16**
17	18	19	20	21	22	**23**
24	**25**	26	27	28	29	30

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	**9**	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	**24**	25	26	27	28
29	30	**31**				

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Sep 10

Grandparents Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Sep 11

Patriot Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Sep 12

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Sep 13

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Sep 14

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Sep 15

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Sep 16

Rosh Hashanah

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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September 2023

Sun, Sep 17 - Sat, Sep 23

September 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	**4**	5	6	7	8	9
10	**11**	12	13	14	15	**16**
17	18	19	20	21	22	**23**
24	**25**	26	27	28	29	30

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	**9**	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	**24**	25	26	27	28
29	30	**31**				

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Sep 17

Constitution Day

- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Sep 18

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Sep 19

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Sep 20

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Sep 21

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Sep 22

- ◦
- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Sep 23

Autumnal equinox (GMT)

- ◦
- ◦
- ◦

Goals

- ★
- ★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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September 2023

Sun, Sep 24 - Sat, Sep 30

September 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	**4**	5	6	7	8	9
10	**11**	12	13	14	15	**16**
17	18	19	20	21	22	**23**
24	**25**	26	27	28	29	30

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	**9**	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	**24**	25	26	27	28
29	30	**31**				

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Sep 24

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Sep 25

Yom Kippur

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Sep 26

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Sep 27

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Sep 28

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Sep 29

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Sep 30

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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October 2023

Sun, Oct 1 - Sat, Oct 7

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	**9**	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	**24**	25	26	27	28
29	30	**31**				

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	**11**
12	13	14	15	16	17	18
19	20	21	22	**23**	24	25
26	27	28	29	30		

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Oct 1

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Oct 2

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Oct 3

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Oct 4

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Oct 5

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Oct 6

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Oct 7

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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October 2023

Sun, Oct 8 - Sat, Oct 14

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	**9**	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	**24**	25	26	27	28
29	30	**31**				

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	**11**
12	13	14	15	16	17	18
19	20	21	22	**23**	24	25
26	27	28	29	30		

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Oct 8

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Oct 9

Columbus Day

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Oct 10

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Oct 11

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Oct 12

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Oct 13

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Oct 14

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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October 2023

Sun, Oct 15 - Sat, Oct 21

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	**9**	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	**24**	25	26	27	28
29	30	**31**				

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	**11**
12	13	14	15	16	17	18
19	20	21	22	**23**	24	25
26	27	28	29	30		

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Oct 15

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Oct 16

Boss's Day

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Oct 17

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Oct 18

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Oct 19

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Oct 20

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Oct 21

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

JAN 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53

FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

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October 2023

Sun, Oct 22 - Sat, Oct 28

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	**9**	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	**24**	25	26	27	28
29	30	**31**				

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	**11**
12	13	14	15	16	17	18
19	20	21	22	**23**	24	25
26	27	28	29	30		

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Oct 22

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Oct 23

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Oct 24

United Nations Day

-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Oct 25

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Oct 26

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Oct 27

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Oct 28

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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Oct'23 - Nov'23

Sun, Oct 29 - Sat, Nov 4

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	**9**	10	11	12	13	14
15	**16**	17	18	19	20	21
22	23	**24**	25	26	27	28
29	30	**31**				

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	**11**
12	13	14	15	16	17	18
19	20	21	22	**23**	24	25
26	27	28	29	30		

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Oct 29

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Oct 30

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Oct 31

Halloween

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Nov 1

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Nov 2

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Nov 3

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Nov 4

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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November 2023

Sun, Nov 5 - Sat, Nov 11

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	**11**
12	13	14	15	16	17	18
19	20	21	22	**23**	24	25
26	27	28	29	30		

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	**7**	8	9
10	11	12	13	14	15	16
17	18	19	20	21	**22**	23
24	**25**	**26**	27	28	29	30
31						

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Nov 5

Daylight Saving

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Nov 6

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Nov 7

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Nov 8

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Nov 9

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Nov 10

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Nov 11

Veterans Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

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November 2023

Sun, Nov 12 - Sat, Nov 18

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	**11**
12	13	14	15	16	17	18
19	20	21	22	**23**	24	25
26	27	28	29	30		

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	**7**	8	9
10	11	12	13	14	15	16
17	18	19	20	21	**22**	23
24	**25**	**26**	27	28	29	30
31						

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Nov 12

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Nov 13

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Nov 14

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Nov 15

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Nov 16

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Nov 17

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Nov 18

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

JAN 1–5 · FEB 6–9 · MAR 10–13 · APR 14–17 · MAY 18–22 · JUN 23–26 · JUL 27–31 · AUG 32–35 · SEP 36–40 · OCT 41–44 · NOV 45–48 · DEC 49–53

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November 2023

Sun, Nov 19 - Sat, Nov 25

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	**11**
12	13	14	15	16	17	18
19	20	21	22	**23**	24	25
26	27	28	29	30		

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	**7**	8	9
10	11	12	13	14	15	16
17	18	19	20	21	**22**	23
24	**25**	**26**	27	28	29	30
31						

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Nov 19

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Nov 20

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Nov 21

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Nov 22

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Nov 23

Thanksgiving

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Nov 24

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Nov 25

-
-
-
-

Goals

★

★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

JAN 1 2 3 4
FEB 5 6 7 8 9
MAR 10 11 12 13
APR 14 15 16 17
MAY 18 19 20 21
JUN 22 23 24 25
JUL 26 27 28 29
AUG 30 31 32 33
SEP 34 35 36 37
OCT 38 39 40 41
NOV 42 43 44 45 46 47 48 49
DEC 50 51 52 53

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Nov'23 - Dec'23

Sun, Nov 26 - Sat, Dec 2

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	**11**
12	13	14	15	16	17	18
19	20	21	22	**23**	24	25
26	27	28	29	30		

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	**7**	8	9
10	11	12	13	14	15	16
17	18	19	20	21	**22**	23
24	**25**	**26**	27	28	29	30
31						

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Nov 26

- ◦
- ◦
- ◦
- ◦

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Nov 27

- ◦
- ◦
- ◦
- ◦

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Nov 28

- ◦
- ◦
- ◦
- ◦

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Nov 29

- ◦
- ◦
- ◦
- ◦

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Nov 30

- ◦
- ◦
- ◦
- ◦

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Dec 1

- ◦
- ◦
- ◦
- ◦

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Dec 2

- ◦
- ◦
- ◦
- ◦

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

JAN 1 2 3 4
FEB 5 6 7 8 9
MAR 10 11 12 13
APR 14 15 16 17
MAY 18 19 20 21 22
JUN 23 24 25 26 27
JUL 28 29 30 31 32
AUG 33 34 35 36 37
SEP 38 39 40 41 42
OCT 43 44 45 46 47
NOV 48 49 50 51 52
DEC 53

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December 2023

Sun, Dec 3 - Sat, Dec 9

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	**7**	8	9
10	11	12	13	14	15	16
17	18	19	20	21	**22**	23
24	**25**	**26**	27	28	29	30
31						

January 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Dec 3

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Dec 4

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Dec 5

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Dec 6

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Dec 7

Pearl Harbor
Hanukkah Begins

-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Dec 8

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Dec 9

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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December 2023

Sun, Dec 10 - Sat, Dec 16

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	**7**	8	9
10	11	12	13	14	15	16
17	18	19	20	21	**22**	23
24	**25**	**26**	27	28	29	30
31						

January 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Dec 10

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Dec 11

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Dec 12

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Dec 13

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Dec 14

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Dec 15

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Dec 16

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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December 2023

Sun, Dec 17 - Sat, Dec 23

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	**7**	8	9
10	11	12	13	14	15	16
17	18	19	20	21	**22**	23
24	**25**	**26**	27	28	29	30
31						

January 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Important Dates

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Dec 17

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Mon, Dec 18

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Tue, Dec 19

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Wed, Dec 20

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Thu, Dec 21

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Fri, Dec 22

Dec. Solstice (GMT)

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

Sat, Dec 23

-
-
-
-

Goals

★
★

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B
L
D

Appointments

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December 2023

Sun, Dec 24 - Sat, Dec 30

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	**7**	8	9
10	11	12	13	14	15	16
17	18	19	20	21	**22**	23
24	**25**	**26**	27	28	29	30
31						

January 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Important Dates

☑ To Buy

☑ ABC Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Dec 24

Christmas Eve

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Mon, Dec 25

Christmas Day

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Tue, Dec 26

Kwanzaa begins

Boxing Day (UK)

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Wed, Dec 27

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Thu, Dec 28

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Fri, Dec 29

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

Sat, Dec 30

Goals

Water & Exercise

1 2 3 4 5 6 7 8 9

Meals

B

L

D

Appointments

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Dec'23 - Jan'24

Sun, Dec 31 - Sat, Jan 6

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	**7**	8	9
10	11	12	13	14	15	16
17	18	19	20	21	**22**	23
24	**25**	**26**	27	28	29	30
31						

January 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Important Dates

2023

☑	To Buy

☑	ABC	Prioritized Tasks

Notes

Budget Category	Balance

Category	$ Amt.	Balance

Sun, Dec 31

New Year's Eve

- Goals
- Water & Exercise: 1 2 3 4 5 6 7 8 9
- Meals: B L D
- Appointments

Mon, Jan 1

- Goals
- Water & Exercise: 1 2 3 4 5 6 7 8 9
- Meals: B L D
- Appointments

Tue, Jan 2

- Goals
- Water & Exercise: 1 2 3 4 5 6 7 8 9
- Meals: B L D
- Appointments

Wed, Jan 3

- Goals
- Water & Exercise: 1 2 3 4 5 6 7 8 9
- Meals: B L D
- Appointments

Thu, Jan 4

- Goals
- Water & Exercise: 1 2 3 4 5 6 7 8 9
- Meals: B L D
- Appointments

Fri, Jan 5

- Goals
- Water & Exercise: 1 2 3 4 5 6 7 8 9
- Meals: B L D
- Appointments

Sat, Jan 6

- Goals
- Water & Exercise: 1 2 3 4 5 6 7 8 9
- Meals: B L D
- Appointments

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January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 ML King Day	17	18	19	20	21
22 Chinese New Year	23	24	25	26	27	28
29	30	31	1	2 Groundhog Day	3	4
5	6					

Goals

Notes

To Do

Remember

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February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2 Groundhog Day	3	4
5	6	7	8	9	10	11
12	13	14 Valentines Day	15	16	17	18
19	20 Presidents' Day	21 Mardi Gras	22 Ash Wednesday	23	24	25
26	27	28	1	2	3	4
5	6					

Goals

Notes

To Do

Remember

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March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2	3	4
5	6	7	8	9	10	11
12 Daylight Saving	13	14	15	16	17 St. Patrick's Day	18
19	20 Vernal equinox (GMT)	21	22	23 Ramadan begins	24	25
26	27	28	29	30	31	1 April Fool's Day
2	3					

Goals

Notes

To Do

Remember

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April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	**1** April Fool's Day
2	**3**	**4**	**5**	**6** Passover	**7** Good Friday	**8**
9 Easter	**10** Easter Monday (UK)	**11**	**12**	**13**	**14**	**15**
16	**17**	**18** Taxes Due	**19**	**20**	**21**	**22** End of Ramadan Earth Day
23	**24**	**25**	**26** Admin Assist Day	**27**	**28**	**29**
30	1 May Day (UK)					

Goals

- ★
- ★
- ★
- ★
- ★
- ★

Notes

☑ To Do

Remember

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May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 May Day (UK)	2	3	4	5 Cinco de Mayo	6
7	8	9	10	11	12	13
14 Mother's Day	15	16	17	18	19	20 Armed Forces Day
21	22 Victoria Day (Canada)	23	24	25	26	27
28 Pentecost	29 Memorial Day	30	31	1	2	3
4	5					

Goals

- ★
- ★
- ★
- ★
- ★
- ★

Notes

☑ To Do

Remember

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June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Pentecost	29 Memorial Day	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14 Flag Day	15	16	17
18 Father's Day	19 Juneteenth	20	21 June Solstice (GMT)	22	23	24
25	26	27	28	29	30	1
2	3					

Goals

Notes

To Do

Remember

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July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2	3	4 Independence Day	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 Parents' Day	24	25	26	27	28	29
30	31					

Goals

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Notes

☑ To Do

Remember

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August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
6	7 Summer Bank Holiday (UK)	8	9	10	11	12
13	14	15	16	17	18	19 Aviation Day
20	21	22	23	24	25	26
27	28 Late Summer Bank Holiday (UK)	29	30	31	1	2
3	4 Labor Day					

Goals

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Notes

☑ To Do

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September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 Late Summer Bank Holiday (UK)	29	30	31	1	2
3	4 Labor Day	5	6	7	8	9
10 Grandparents Day	11 Patriot Day	12	13	14	15	16 Rosh Hashanah
17 Constitution Day	18	19	20	21	22	23 Autumnal equinox (GMT)
24	25 Yom Kippur	26	27	28	29	30
1	2					

Goals

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Notes

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October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Columbus Day	10	11	12	13	14
15	16 Boss's Day	17	18	19	20	21
22	23	24 United Nations Day	25	26	27	28
29	30	31 Halloween	1	2	3	4
5 Daylight Saving	6					

Goals

Notes

To Do

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November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31 Halloween	1	2	3	4
5 Daylight Saving	6	7	8	9	10	11 Veterans Day
12	13	14	15	16	17	18
19	20	21	22	23 Thanksgiving	24	25
26	27	28	29	30	1	2
3	4					

Goals

Notes

To Do

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December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
3	4	5	6	7 Pearl Harbor Hanukkah Begins	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22 Dec. Solstice (GMT)	23
24 Christmas Eve	25 Christmas Day	26 Kwanzaa begins Boxing Day (UK)	27	28	29	30
31 New Year's Eve	1					

Goals

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Notes

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